

# The Bell Bulletin

January 2018

## *Why Do People Make New Year's Resolutions?*

New Year's resolution is a promise a person makes for the new year. Regardless of what resolution you commit to, the goal is to improve life in the coming year.

Resolutions can come in many forms. Some people make a promise to change a bad habit, such as quitting smoking or eating less junk food. Other people make a promise to develop a positive habit, such as starting an exercise program, volunteering in their community, or recycling more.

The tradition of New Year's resolutions dates all the way back to 153 B.C. January is named after Janus, a mythical god of early Rome.

Janus had two faces — one looking forward, one looking backward. This allowed him to look back on the past and forward toward the future.

On December 31, the Romans imagined Janus looking backward into the old year and forward into the new year. This became a symbolic time for Romans to make resolutions for the new year and forgive enemies for troubles in the past.

The Romans also believed Janus could forgive them for their wrongdoings in the previous year. The Romans would give gifts and make promises, believing Janus would see this and bless them in the year ahead.

And thus the New Year's resolution was born!

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### **\* \* \* \* \* Winter Party \* \* \* \* \***

Looking for ways to entertain the kids and teens during their winter break off school? How about joining us for a Winter Party on Saturday, January 6<sup>th</sup> at 12:00 pm. We will be providing lunch (hot dogs, chips and a cookie). We will also be showing the film "Big Miracle". Feel free to bring a pillow and blanket along with you.

### Library Hours:

Monday—Thursday

9:00 am—7:00 pm

Friday & Saturday:

9:00 am—5:00 pm

Sunday:

1:00 pm—5:00 pm

### Phone:

574-353-7234

### Fax:

574-353-1307

### Director:

Stephen Boggs

sboggs@bell.lib.in.us

## Recipe: Easy (and Delicious) Homemade Chicken and Noodles

### Ingredients:

1 whole cooked rotisserie chicken  
or 1 lb. of chicken breasts, cooked and  
shredded  
5 Tablespoons chicken base (bouillon)  
8 ounces Amish style thin to medium  
egg noodles  
4 Tablespoons unsalted butter  
1 Tablespoon dried onion  
1 can cream of chicken soup



### Directions:

1. Debone your cooked rotisserie chicken, shredding the meat as you go. Or cook chicken breasts and shred.
2. Fill a large pot with 8 cups water, add butter and 5 tablespoons chicken soup base or bouillon. Bring to a boil making sure all the soup base dissolves. Add noodles and cook for 8 to 12 minutes until the noodles are soft.
3. Add 1 Tablespoon minced dried onion and 1 can cream of chicken soup. Add in shredded chicken.
4. Reheat to a simmer but do not boil. At this point, you can keep on the stove on low until ready to eat or for up to an hour.

Serve over mashed potatoes.

## Cinnamon Sugar Pull Apart Loaf

1/2 cup sugar  
2 1/2 teaspoons cinnamon  
1/3 cup margarine or butter, melted  
2 (6-oz) cans Pillsbury™ Grands refrigerated buttermilk biscuits

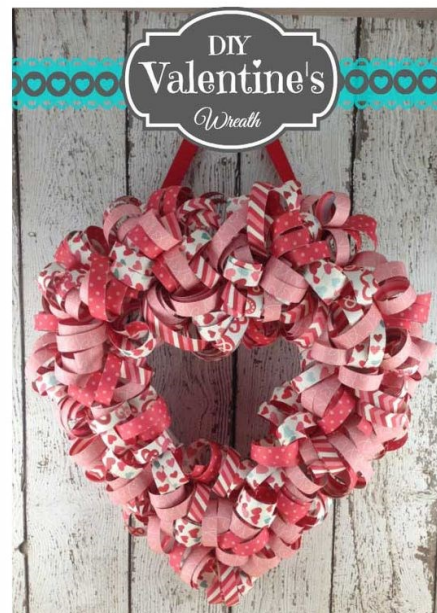
### Directions:

Heat oven to 400°F. Generously grease 8x4-inch loaf pan (do not use dark-coated pan). In small shallow bowl, combine sugar and cinnamon; mix well. Separate dough into 10 biscuits; cut each into quarters. Dip each quarter into melted margarine; roll in sugar-cinnamon mixture. Arrange in greased loaf pan. Bake at 400°F. for 19 to 27 minutes. Cool 2 minutes. Loosen edges; remove from pan. Place on serving plate. Serve warm.



## ~Creative Corner~

Calling all crafters!! Join us on Thursday, January 18th from 5:00-7:00 pm. We will be making this adorable Valentine's Day Wreath. Cost for this class will be \$5.00. This class will be limited to 20 participants and sign up is required. Sign up sheets will be located at the main circulation desk. Creative Corner is for adults only ages 18+. For questions, please contact Billie or Sharon at 574-353-7234.



## Kids/Teens/Young Adults

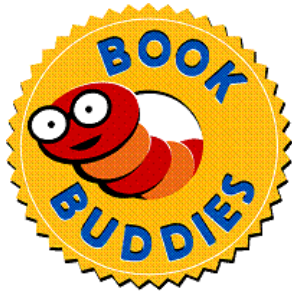
**Story Hour:** Every Wednesday at 3:00 pm & every Friday at 10:00 am

**Winter Party:** Looking for ways to entertain the kids and teens during their winter break off school? How about joining us for a Winter Party on Saturday, January 6<sup>th</sup> at 12:00 pm. We will be providing lunch (hot dogs, chips and a cookie). We will also be showing the film "Big Miracle". Feel free to bring a pillow and blanket along with you.

**Lego Club:** January 13th at 1:00 pm

## Andrew Luck Book Club

We are happy to announce that we now will be participating in the Andrew Luck Book Club. The mission of the Andrew Luck Book Club is to share some of the books He's enjoyed, and to build a continually-growing community of readers of all levels. The idea was initially planted during an interview in February 2015 with NBC Sports Network's Men in Blazers who started in on him about his love of reading. Then, several months later, Kevin Clark from The Wall Street Journal wrote an article about him being the "NFL's unofficial librarian", someone would post something using the hashtag #ALBookClub. They knew they were on to something fun. Every month, He introduces a book for the "Rookies" (younger folks) that he loved as a kid, as well as a book for the "Veterans" (more seasoned readers). The goal for 2017 is to launch a book each month for "Rookies" and "Veterans."



Kit #21

### The Very Hungry Caterpillar

Kit contains 1 book by Eric Carle along with manipulatives: puppet, food and story cards,, 24 piece puzzle and the Very Hungry Caterpillar stuffed toy can



Kit #1

### The Jacket I Wear in the Snow Storytelling



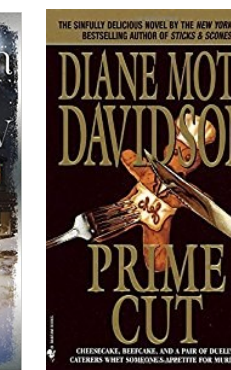
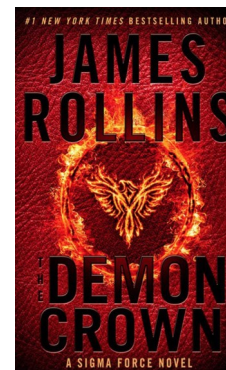
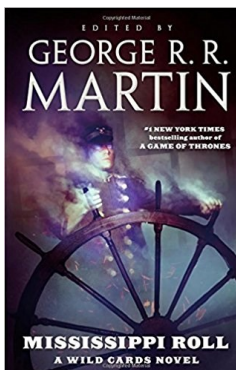
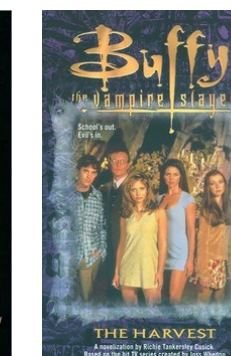
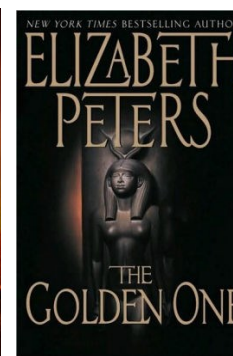
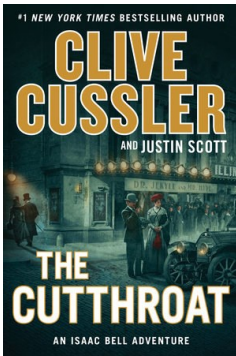
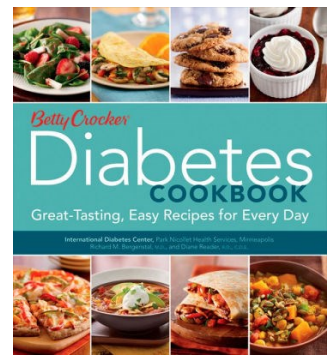
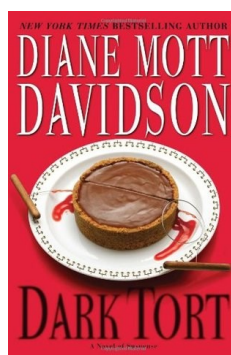
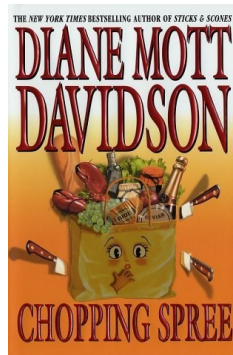
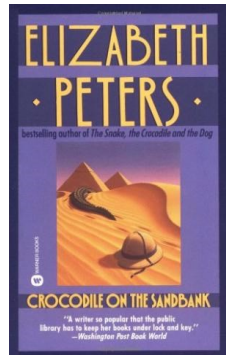
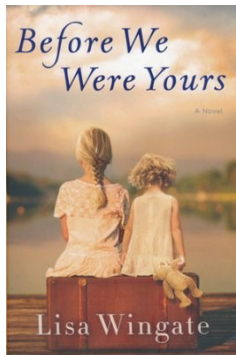
Kit contains 3 books: The Jacket I Wear in the Snow, Five Green and Speckled Frogs, and Baa, Baa, Black sheep. Contains jacket, zipper, red scarf, stocking cap, mittens, sweater, jeans, boots, long underwear, socks, child & mom. Also, 5 frogs and a log and a black sheep, master, dame, little boy and a bag of wool. Includes 1 storytelling glove.

**Movie Monday!!!**  
**Monday, January 8th**  
**1:00 pm**





# New Ebooks added to Axis 360!!!



# January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Closed for New Year's Day!!! Happy New Year!	2	3 Story Hour 3:00 pm	4	5 Story Hour 10:00 am	6 Winter Party Movie "Big Miracle" & Lunch 12:00 pm
7	8 Movie Monday "Prayer that Never Fails" 1:00 pm	9	10 Story Hour 3:00 pm	11	12 Story Hour 10:00 am	13 Lego Club 1:00 pm
14	15	16	17 Story Hour 3:00 pm	18 Creative Corner Valentine's Wreath 5:00-7:00 pm	19 Story Hour 10:00 am	20
21	22 Euchre 6:00 pm	23	24 Story Hour 3:00 pm	25	26 Story Hour 10:00 am	27
28	29 Library Board Mtg 6:30 pm	30	31 Story Hour 3:00 pm			