

# The Bell Bulletin

January 2019

**Library Hours:**

**Monday-Thursday:**

9:00 am-7:00 pm

**Friday & Saturday:**

9:00 am-5:00 pm

**Sunday:**

1:00 pm—5:00 pm

**Phone:**

574-353-7234

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574-353-1307

**Director:**

Stephen Boggs

[sboggs@bell.lib.in.us](mailto:sboggs@bell.lib.in.us)

## Why Do We Make New Year's Resolutions?

Every time a new year rolls around, people set out to better themselves. They promise they will lose weight, find a new job, or maybe even take that vacation they've always talked about. But why do we make these promises to ourselves, and where did this tradition come from? Why does this tradition live on when so many people fail to keep the resolutions they make? Well, we can start by blaming the ancient Babylonians.

Around [4000 years ago](#) in Babylon, the earliest recorded celebration honoring the coming of a new year was held. Calendars weren't as they are today, so the Babylonians kicked things off in late March during the first new moon after the Spring Equinox. The collective ceremonial events were known as the Akitu festival, which lasted 11 days. The festivities were dedicated to the rebirth of the sun god Marduk, but the Babylonians made promises in order to get on the right side of all of their gods. They felt this would help them start the new year off on the right foot.

Resolutions continued on with the Romans. When the early Roman calendar no longer synced up with the sun, Julius Caesar decided to make a change. He consulted with the best astronomers and mathematicians of the time and introduced the Julian calendar, which more closely represents the modern calendar we use today. Caesar declared January 1 the first day of the year to honor the god of new beginnings, Janus. The Romans celebrated the New Year by offering sacrifices to Janus.

<http://mentalfloss.com/article/60776/why-do-we-make-new-years-resolutions>

## Recipe: Easy & Comforting Ham & Potato Soup

Prep: 15 mins Cook: 15 mins Total: 30 mins

### Ingredients

3 1/2 cups (about 2 large) russet potatoes,  
*peeled and diced medium*  
1 1/2 cups (9oz) cooked honey ham, *diced medium\**  
1/2 cup celery *diced small*  
1/2 cup onion *diced small*  
4 cups (2 15oz cans) chicken broth  
5 tablespoons butter  
1/4 cup and 1 tablespoon (44g) all-purpose flour  
2 cups milk, (*any percentage*)  
1/4 teaspoon black pepper



### Instructions

#### Boil

In a large pot, combine potatoes, ham, celery, onions, and chicken broth. Bring to a low boil and cook over medium heat until vegetables are fork-tender, 10 to 15 minutes.

#### Make the roux

In a medium saucepan, melt butter over medium heat and whisk in flour. Cook, stirring constantly until flour is golden, about one minute. Slowly add in milk, continuing to stir so that no lumps form and cook until mixture is thick, about 5 minutes.

#### Combine

Pour flour and milk mixture into the soup and stir. Add pepper, and salt to taste.

Serve and enjoy.



## Wi-Fi Hotspot

No Internet access at home? Let the Library help with that. The Bell Memorial Library is circulating an Internet Hotspot. These devices are about the size of a large cell phone and connect the user to the Internet via cell phone towers. The device will circulate for a week and units can be reserved. For more information, contact Stephen Boggs at (574) 353-7234 or via e-mail at [sboggs@bell.lib.in.us](mailto:sboggs@bell.lib.in.us)

## ~Creative Corner~

Calling all crafters! Please join us for Creative Corner on Thursday, January 17th from 5:00 pm—7:00 pm.

We will be making the cute “Love Story Signs”.

Cost of the class is \$5.00 and we kindly request that participants sign up so that we have enough materials for everyone. Creative Corner is for adults only ages 18+. For Questions, please contact Billie or Sharon at 574-353-7234.



## ~Kids/Teens/Young Adults~

Story Hour: Every Friday at 10:00 am

Lego Club: Saturday, January 12th at 1:00 pm

Teen Book Club: We will be having our first ever teen book club starting Tuesday, January 15th from 4:00 pm– 6:00 pm. The first book read will be *The Darkest Minds* by Alexandra Bracken. For more information, please contact Elyza Oswald at 3-574-353-7234. Sign up sheets are located throughout the library.



Calling all ZUMBA & YOGA fans!

Please join us every Wednesday night here at Bell Memorial Public Library for ZUMBA & YOGA classes. ZUMBA begins at 5:30 pm and YOGA begins at 6:45 pm. ALL LEVELS ARE WELCOME TO ATTEND! For more information, please contact Eva Mudd at 574-253-5593 or [evamudd@yahoo.com](mailto:evamudd@yahoo.com). Ask to join her Facebook group “EVA’S ZUMBA AND YOGA COMMUNITY CLASSES”.

## Alumni Working On Mentone High School History Book

The Mentone High School Alumni Board of Directors is finalizing their MHS History Book containing graduating class photos and class histories as well as history of Mentone schools.



The book was commissioned in July by Alumni Board President LeRoy Markley to compile and publish a history of Mentone High School before more alumni and class memories are gone forever. Memories and some of the photos in the book were submitted by MHS alumni. The board says every effort was made to select photos and memories that reflected the MHS experience.

Letters and emails are being sent to all MHS alumni with information about ordering a book.

Cost is \$20 (add \$7 if the book is to be mailed). Those interested in having a book are to return the order form no later than Jan. 31 so the board knows how many books to have printed.

Orders are open to anyone who is interested in a copy of the book. The order form can be downloaded at the Mentone High School Class of 1962 Facebook page.

Mail the form with your name, address and number of books wanted along with \$20 per book (or \$27 per book to have it mailed) to MHS History Book, c/o Faith Goshert, 5845 S. SR 19, Mentone, IN 46539.

The books will be available to those who ordered them at the MHS Alumni Banquet on May 19.

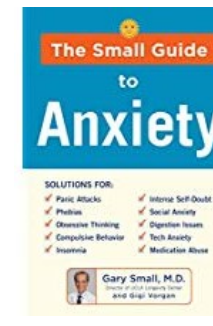
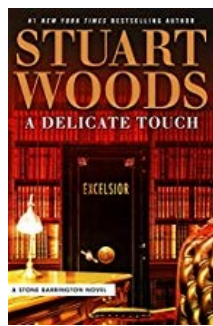
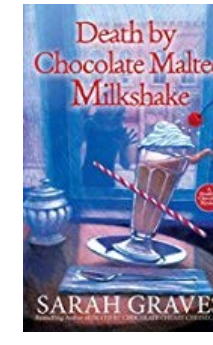
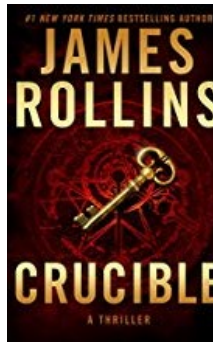
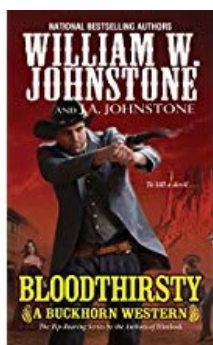
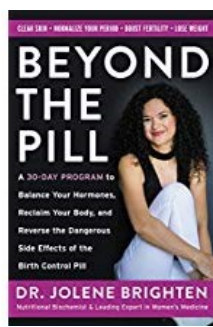
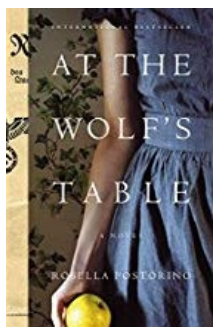
With Markley's death Nov. 3, alumni board officers are Alice Keirn, president; Phil Nelson, vice president; Susy Creighton, secretary; and Tana Beeson, treasurer.

Committee members for the preparation of the book include Mary Boggs, Linda Cochran, Faith Goshert, Donna Pineda, Cindy Spitler, Alice Keirn and Susy Creighton.

Questions about the book may be sent to [mhsalumniboard@gmail.com](mailto:mhsalumniboard@gmail.com).



# Coming Soon!!!



Monday  
Afternoon  
At the Movies!  
Monday,  
January 14th  
1:00 pm





Sun                  Mon                  Tue                  Wed                  Thu                  Fri                  Sat

		<p><i>1</i>  <b><i>Closed for            New            Year's            Day!</i></b></p>	<i>2</i>	<i>3</i>	<p><i>4</i>  <i>Story Hour            10:00 am</i></p>	<i>5</i>
<i>6</i>	<i>7</i>	<i>8</i>	<i>9</i>	<i>10</i>	<p><i>11</i>  <i>Story Hour            10:00 am</i></p>	<p><i>12</i>  <i>Lego Club            1:00 pm</i></p>
<i>13</i>	<p><i>14</i>  <i>Movie            Monday            1:00 pm</i></p>	<p><i>15</i>  <i>Teen Book            Club            4:00 pm—            6:00 pm</i></p>	<i>16</i>	<p><i>17</i>  <i>Creative            Corner            5:00-7:00 pm</i></p>	<p><i>18</i>  <i>Story Hour            10:00 am</i></p>	<i>19</i>
<i>20</i>	<i>21</i>	<i>22</i>	<i>23</i>	<i>24</i>	<p><i>25</i>  <i>Story Hour            10:00 am</i></p>	<i>26</i>
<i>27</i>	<p><i>28</i>  <i>Euchre 6            :00 pm</i></p> <p><i>Library            Board Mtg            6:30 pm</i></p>	<i>29</i>	<i>30</i>	<i>31</i>		