

# Pennsylvania Advance Health Care Directive

On this date of \_\_\_\_\_, I, \_\_\_\_\_, do hereby sign, execute, and adopt the following as my Advance Health Care Directive. I direct any and all persons or entities involved with my health care in any manner that these decisions are my wishes and were adopted without duress or force and of my own free will.

**I have placed my initials next to the sections of this Directive that I have adopted:**

- Living Will (Declaration)
- Selection of Health Care Agent (Health Care Surrogate)
- Designation of Primary Physician
- Organ Donation

## Living Will (Declaration)

I, being of sound mind, willfully and voluntarily make this declaration to be followed if I become incompetent. This declaration reflects my firm and settled commitment to refuse life-sustaining treatment under the circumstances indicated below.

I direct my attending physician to withhold or withdraw life-sustaining treatment that serves only to prolong the process of my dying, if I should be in a terminal condition or in a state of permanent unconsciousness.

I direct that treatment be limited to measures to keep me comfortable and to relieve pain, including any pain that might occur by withholding or withdrawing life-sustaining treatment.

In addition, if I am in the condition described above, I feel especially strong about the following forms of treatment (**initial "I DO" or "I do NOT"**):

- I  DO **OR**  do NOT want cardiac resuscitation.
- I  DO **OR**  do NOT want mechanical respiration.
- I  DO **OR**  do NOT want tube feeding or any other artificial or invasive form of nutrition (food) or hydration (water).
- I  DO **OR**  do NOT want blood or blood products.
- I  DO **OR**  do NOT want any form of surgery or invasive diagnostic tests.
- I  DO **OR**  do NOT want kidney dialysis.
- I  DO **OR**  do NOT want antibiotics.

I realize that if I do not specifically indicate my preference regarding any of the forms of treatment listed above, I may receive that form of treatment.

**OTHER INSTRUCTIONS (include any other instructions):**

## Selection of Health Care Agent (Appointment of Health Care Surrogate)

**(Initial "I DO" or "I do NOT"):**

I  DO **OR**  do NOT want to designate another person as my surrogate to make medical treatment decisions for me if I should be incompetent and in a terminal condition or in a state of permanent unconsciousness. **(List name and address of surrogate, if applicable):**

\_\_\_\_\_ (name),  
of \_\_\_\_\_ (address)

OPTIONAL - DESIGNATION OF ALTERNATE AGENT: If I revoke my agent's authority or if my agent is not willing, able, or reasonably available to make a health care decision for me, I designate as my first alternate agent

\_\_\_\_\_ (name of individual you choose as first alternate agent)  
\_\_\_\_\_ (address)

## Designation of Primary Physician

I designate the following physician as my primary physician: \_\_\_\_\_ (name)  
\_\_\_\_\_ (address)  
\_\_\_\_\_ (phone).

OPTIONAL- DESIGNATION OF ALTERNATE PRIMARY PHYSICIAN: If the physician I have designated above is not willing, able, or reasonably available to act as my primary physician, I designate the following physician as my primary physician:

\_\_\_\_\_ (name)  
\_\_\_\_\_ (address)  
\_\_\_\_\_ (phone).

## Organ Donation

In the event of my death, I have placed my initials next to the following part(s) of my body that I wish donated for the purposes **that I have initialed below:**

any organs or parts **OR**  
 eyes                       bone and connective tissue                       skin  
 heart                       kidney(s)                       liver  
 lung(s)                       pancreas                       other \_\_\_\_\_

for the purposes of:

any purpose authorized by law **OR**  
 transplantation                       research                       therapy  
 medical education                       other limitations \_\_\_\_\_

## Signature

I sign this Advance Health Care Directive, consisting of the following sections, **which I have initialed below and have elected to adopt:**

- Living Will (Declaration)
- Selection of Health Care Agent (Health Care Surrogate)
- Designation of Primary Physician
- Organ Donation

BY SIGNING HERE I INDICATE THAT I UNDERSTAND THE PURPOSE AND EFFECT OF THIS DOCUMENT.

Signature \_\_\_\_\_ Date \_\_\_\_\_

City, County, and State of Residence \_\_\_\_\_

## Notary Acknowledgment

State of \_\_\_\_\_

County of \_\_\_\_\_

On \_\_\_\_\_, \_\_\_\_\_ came before me personally and, under oath, stated that he or she is the person described in the above document and he or she signed the above document in my presence. I declare under penalty of perjury that the person whose name is subscribed to this instrument appears to be of sound mind and under no duress, fraud, or undue influence.

\_\_\_\_\_  
Notary Public

My commission expires \_\_\_\_\_

## Witness Acknowledgment

The declarant is personally known to me and I believe him or her to be of sound mind and under no duress, fraud, or undue influence. I did not sign the declarant's signature above for or at the direction of the declarant and I am not appointed as the health care agent or attorney-in-fact herein. I am at least eighteen (18) years of age and I am not related to the declarant by blood, adoption, or marriage, entitled to any portion of the estate of the declarant according to the laws of intestate succession or under any will of declarant or codicil thereto, or directly financially responsible for declarant's medical care. I am not a health care provider of the declarant or an employee of the health facility in which the declarant is a patient.

Witness Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed Name of Witness \_\_\_\_\_

Second Witness Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed Name of Second Witness \_\_\_\_\_

## Acceptance of Health Care Agent (Health Care Surrogate)

I accept my appointment as Health Care Agent (Health Care Surrogate):

Signature \_\_\_\_\_ Date \_\_\_\_\_

I accept my appointment as Alternate Health Care Agent (Health Care Surrogate)

Signature \_\_\_\_\_ Date \_\_\_\_\_