

BELL  
MEMORIAL  
PUBLIC  
LIBRARY

Library Hours:

Monday—Thursday:

9:00 a.m.—7:00 p.m.

Friday:

9:00 a.m.—5:00 p.m.

Saturday:

9:00 a.m.-1:00 p.m.

Sunday: Closed

Phone:

574-893-3200

Fax:

574-353-1307

Director:

Stephen Boggs

[sboggs@bell.lib.in.us](mailto:sboggs@bell.lib.in.us)



# The Bell Bulletin

January 2022

## ~New Years Resolutions and why we make them...

A New Year's **resolution** is a **promise** a person makes for the **new year**. Regardless of what **resolution** you **commit** to, the **goal** is to **improve life** in the coming **year**.

Resolutions can come in many forms. Some people make a **promise** to change a **bad habit**, such as quitting **smoking** or eating less **junk** food. Other people make a **promise** to develop a **positive habit**, such as starting an **exercise program**, **volunteering** in their community, or **recycling** more.

The **tradition** of **New Year's** resolutions dates all the way back to 153 B.C. **January** is named after Janus, a mythical god of early Rome.

Janus had two faces — one looking **forward**, one looking backward. This allowed him to look back on the past and **forward** toward the **future**.

On December 31, the Romans imagined Janus looking backward into the old **year** and **forward** into the **new year**. This became a **symbolic** time for Romans to make resolutions for the **new year** and forgive enemies for troubles in the past.

The Romans also believed Janus could forgive them for their wrongdoings in the previous **year**. The Romans would give gifts and make promises, believing Janus would see this and bless them in the **year** ahead.

And thus the **New Year's resolution** was born!

<https://www.wonderopolis.org/wonder/why-do-people-make-new-year-s-resolutions>

## Happy New Year 2022!

## Recipe: Skillet Lasagna

Prep Time 30 mins Cook 35 mins Total Time 35 mins

### Ingredients

1/2 tsp. kosher salt, plus more to taste  
2 tbsp. olive oil  
1 onion, chopped  
2 garlic cloves, minced  
Black pepper, to taste  
1 24-ounce jar marinara sauce  
1 tbsp. Italian seasoning  
14 lasagna noodles (not no-boil)  
2 tbsp. salted butter  
2 tbsp. grated Parmesan cheese  
1 c. diced fresh mozzarella cheese  
1/2 c. fresh ricotta cheese  
Small basil leaves, for topping



### Directions

Bring a large pot of salted water to a boil. Heat the olive oil in a large skillet over medium-high heat. Add the onion and garlic and season with 1/2 teaspoon salt and a few grinds of pepper. Cook, stirring occasionally, until the onion is tender and lightly browned, about 8 minutes. Add the marinara sauce, Italian seasoning and salt and pepper to taste. Stir, then reduce the heat to low and simmer until beginning to thicken, 10 to 15 minutes. Meanwhile, break each lasagna noodle into 3 or 4 pieces (they don't have to be even). Add to the boiling water and cook, stirring frequently to prevent sticking, until tender, 8 to 10 minutes. Reserve 1 cup cooking water and then drain. Add the butter and parmesan to the sauce and stir until it's all combined and melted. Throw in the cooked lasagna noodles and 1/2 cup of the reserved cooking water; stir to combine, adding the rest of the reserved cooking water as needed so the noodles are well coated and a bit saucy. Add the mozzarella and stir until softened but not fully melted. Remove the skillet from the heat and dollop the ricotta all over the top. Sprinkle with basil leaves.

## ~Creative Corner~

Crafters! Creative Corner Is back! Please join us on Tuesday, January 18th from 5:00—7:00 pm. We will be making the adorable candle holders. Cost is \$5.00 and we kindly request participants sign-up to ensure we have enough materials for everyone.

Creative Corner is for adults only ages 18+. For more information or questions, please contact Sharon or Billie at 574-893-3200



## ~Kids/Juniors/Teens & Young Adults~

**Preschool story hour:** every Friday at 10:00 a.m. in our children's room. Children listen to stories and create a craft related to the theme chosen for that week.

### **Juniors:**

**Junior Book Club:** Tuesday, January 11th and January 25th from 4:30 p.m.—7:00 p.m.

**Junior Craft Night:** Thursday, January 6th from 4:30 p.m.—7:00 p.m. Kids will be making Starbursts using straws. All supplies needed are provided at no cost.

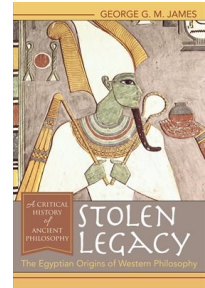
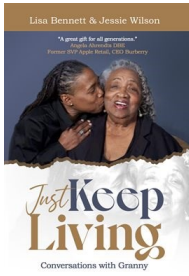
### **Teens & Young Adults:**

**Teen Craft Night:** Thursday, January 13th from 4:30 p.m.—7:00 p.m. Teen will be making Polymer Snails using marbles. All supplies needed are provided at no cost.

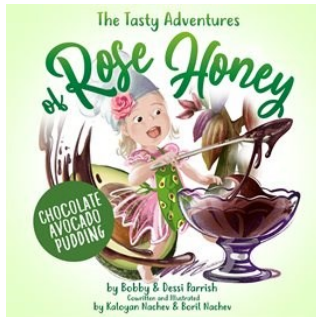
**Teen Book Club:** Tuesday, January 4th from 4:30 p.m.—7:00 p.m.



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Come see any staff member at Bell Memorial Public Library for information on how to get started.

**Lego Club is back at Bell Memorial Public Library!**



**When: January 20, 2022**

**/Where: Teen Room**

**Time: 4:00 p.m.—6:00 p.m.**

**For questions, please contact**

**Natalie at 574-893-3200**

# JANUARY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 <i>Closed</i>
2	3	4 <i>Teen Book Club</i> 4:30–7:00 p.m.	5	6 <i>Jr Craft Night</i> 4:50–7:00 p.m.	7 <i>Story Hour</i> 10:00 a.m.	8
9	10	11 <i>Jr Book Club</i> 4:30–7:00 p.m.	12	13 <i>Teen Craft Night</i> 4:30–7:00 p.m.	14 <i>Story Hour</i> 10:00 a.m.	15
16	17	18 <i>Creative Corner</i> 5:00–7:00 p.m.  <i>Teen Book Club</i> 4:30 p.m.—7:00 p.m.	19	20 <i>Needlecraft Night</i> 5:00–7:00 p.m.  <i>Lego Club</i> 4:00–6:00 p.m.	21 <i>Story Hour</i> 10:00 a.m.	22
23	24	25 <i>Jr Book Club</i> 4:30–7:00 p.m.	26	27	28 <i>Story Hour</i> 10:00 a.m.	29
30	31 <i>Library Board Mtg.</i> 6:30 p.m.					