

**BELL
MEMORIAL
PUBLIC
LIBRARY**

Library Hours:

Monday—Thursday:

9:00 am—7:00 pm

Friday & Saturday:

9:00 am—5:00 pm

Sunday:

1:00 pm—5:00 pm

Phone:

574-353-7234

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574-353-1307

Director:

Stephen Boggs

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The Bell Bulletin

January 2020

Why do we make New Year's Resolutions?

New Year's resolution is a promise a person makes for the new year. Regardless of what resolution you commit to, the goal is to improve life in the coming year.

Resolutions can come in many forms. Some people make a promise to change a bad habit, such as quitting smoking or eating less junk food. Other people make a promise to develop a positive habit, such as starting an exercise program, volunteering in their community, or recycling more.

The tradition of New Year's resolutions dates all the way back to 153 B.C. January is named after Janus, a mythical god of early Rome.

Janus had two faces — one looking forward, one looking backward. This allowed him to look back on the past and forward toward the future.

On December 31, the Romans imagined Janus looking backward into the old year and forward into the new year. This became a symbolic time for Romans to make resolutions for the new year and forgive enemies for troubles in the past.

The Romans also believed Janus could forgive them for their wrongdoings in the previous year. The Romans would give gifts and make promises, believing Janus would see this and bless them in the year ahead.



Recipe: Chicken Mug Pie

Prep: 35 mins Cook: 25 mins Serves: 4

Total: 40 min

Ingredients:

- 1 tube jumbo bake-off butter biscuits, from the dairy aisle of market (recommended: Grands by Pillsbury)
- Sweet paprika, for sprinkling
- 1 1/2 pounds chicken breast pieces, diced
- 3 tablespoons butter
- 2 ribs celery and greens from the heart, chopped
- 1 medium yellow onion, chopped
- 1 large carrot, peeled and diced
- Salt and pepper
- 2 teaspoons poultry seasoning
- 3 tablespoons all-purpose flour
- 1 cup shredded potatoes, ready to cook hash browns, available in sacks on dairy aisle
- 1 pint half-and-half or cream
- 1 quart chicken stock, available in boxes on soup aisle
- 1/4 teaspoon grated nutmeg, a healthy grating
- 1 cup frozen green peas

Directions:

Preheat oven according to package directions and arrange biscuits on cookie sheet. You will have 4 extra biscuits. Save them for ham and cheese or egg and cheese breakfast sandwiches the next morning. Sprinkle biscuits with a little paprika and bake for 10 to 12 minutes.

In a medium pot over medium to medium high heat, cook chicken in butter 2 minutes then add veggies and season with salt and pepper and poultry seasoning. Cook 5 minutes more, add flour cook another minute. Add potatoes, then whisk in half-and-half or cream and chicken stock. Add nutmeg. Bring soup to a boil by raising heat, then turn heat back to simmer and cook soup another 10 minutes. Adjust seasonings. Add peas. Stir in to warm them through a minute. Serve mugs of soup with biscuits on top to cap the mug: chicken mug pies!



~Creative Corner~

Crafters! Please join us on Tuesday, January 21st from 5:00—7:00 pm. This month, crafters can make this adorable Valentine Candy Wreath (we will be using heart shaped wreaths)! Cost of the class is \$5.00 and we kindly request participants sign-up to ensure we have enough materials for everyone. Creative Corner is for adults only ages 18+. For more information or questions, please contact Sharon or Billie at 574-353-7234.



~Kids/Teens/Young Adults~

Story Hour: Every Friday at 10:00 a.m. *No Story Hour on Jan 3rd.

Teen Craft Night: Tues, Jan 16th from 4:30 pm—6:00 pm. We will be making calendars for 2020.

Teen Book Club: Tues, Jan 21st from 4:30 pm—6:00 pm

Children's Room!

Please excuse our mess while we make improvements to our Children's Room! For now, the children's room is temporarily located in the Bell-X Room also known as our Teen room until all renovations are completed.

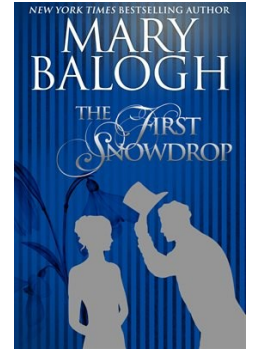
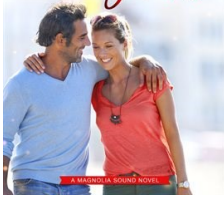




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SAMANTHA CHASE
All the Betimes



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Come see any staff member at Bell Memorial Public Library for information on how to get started.



Monday afternoon at the Movies!

**There will be no movies shown
During the months of January &
February. Movies will resume again
in March.**

JANUARY

Sun

Mon


Tue

Wed

Thu

Fri

Sat

			<p>1</p> <p><i>Closed</i></p> 	<p>2</p>	<p>3</p> <p><i>No Story Hour!</i></p>	<p>4</p>
<p>5</p>	<p>6</p>	<p>7</p>	<p>8</p>	<p>9</p>	<p>10</p> <p><i>Story Hour</i> 10:00 am</p>	<p>11</p>
<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p> <p><i>Teen Craft Night</i> 4:30-6:00 pm</p>	<p>17</p> <p><i>Story Hour</i> 10:00 am</p>	<p>18</p>
<p>19</p>	<p>20</p>	<p>21</p> <p><i>Teen Book Club</i> 4:30 pm—6:00 pm <i>Creative Corner</i> 5:00-7:00 pm</p>	<p>22</p>	<p>23</p>	<p>24</p> <p><i>Story Hour</i> 10:00 am</p>	<p>25</p>
<p>26</p>	<p>27</p> <p><i>Euchre</i> 6:00 pm</p> <p><i>Library Board Mtg.</i> 6:30 pm</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p> <p><i>Story Hour</i> 10:00 am</p>	