



## Meals prepared to Mentone seniors needs

*(Editor's Note: This is part two of a two part series about the Senior Citizens in the Akron/Mentone areas.)*

*by Carolyn Ramsey*

"Meals on Wheels", it's got a nice ring to it, doesn't it? The senior citizens of Mentone like it. Meals on Wheels is actually a subtitle for Kosciusko Mobile Meals Incorporated. The headquarters is in Warsaw, Mentone is one out of many communities working out of Warsaw.

The purpose for the Meals on Wheels is to provide one balanced meal a day for any senior citizen

she lived there with her family, and intends to stay there.

"I lived here with my parents for 34 years, and I've lived here for 44 years, and I'm ninety, so this is home to me. People who get old should not be expected to give up years of happiness, I like living here alone, it's home," she said.

Mary has been told several times that she should be in a nursing home, but she insists on staying where she's at. I don't blame her. Her eyes and hearing are not the best, but she's as happy as a lark. Since her eyes are bad it's hard to cook, the Meals on

Mary has been receiving the meals most of the winter, and she doesn't have one complaint. She may be 90 years old, but she's just as lively as the rest of us. She's got years filled with memories and she hopes to live to be one hundred and add another ten years of memories. Her doctor said that he was sure she would. I know she will.

Mary enjoys the dinners and feels she getting so much for only \$1.52. "I look forward to my dinners, besides my family, I don't know too many people. I use to but they have all moved or passed away



