



## BIBLIOGRAPHY AND REFERENCES

Ball State University, Dept. of Natural Resources and Environmental Management. (2004). Mail Survey of Local Park and Recreation Providers. Primary Authors: Sheaffer, A., Schilling, E. Internal document kept on file at the IDNR Division of Outdoor Recreation. Copy available online at: <http://www.in.gov/dnr/outdoor/planning/index.html>.

Bartholomew, L.K., Parcel, G. S., Kok, G., & Gottlieb. (2001). Intervention mapping: Designing theory- and evidence-based health promotion programs. New York: McGraw-Hill.

Center for Universal Design. (2006). Universal Design Principles. Retrieved September 30, 2006 from [http://www.design.ncsu.edu:8120/cud/about\\_ud/udprinciples.htm](http://www.design.ncsu.edu:8120/cud/about_ud/udprinciples.htm)

City of Bloomington Indiana, (2006). Parks and Recreation Webpage: Miller Showers Park. Retrieved October 26, 2006 from: <http://www.bloomington.in.gov/egov/scripts/services.php?path=details&id=541&action=i&fDD=182-0>

Cowardin, L., Carter, V., Golet, F., LaRoe, E. (1979). Classification of Wetlands and Deepwater Habitats of the United States. US Fish and Wildlife Service, OBS – 79/31, 131pp.

Darcy, J. (2000). Families are experiencing more stress than ever. Hudson Valley Business Journal, December 4, 2000, pg. 23; Wappingers Falls, New York.

Indiana Department of Environmental Management, Division of Water. (2005). Section 319 Grants: Project Summaries. Retrieved October 23, 2006 from: [http://www.in.gov/idem/resources/grants\\_loans/319h/summ.html](http://www.in.gov/idem/resources/grants_loans/319h/summ.html)

Indiana Department of Natural Resources, Division of Fish and Wildlife. (1996). Indiana Wetlands Conservation Plan. Retrieved October 30, 2006 from: <http://www.in.gov/dnr/fishwild/publications/inwetcon/wetconpl.htm>

Indiana Department of Natural Resources, Division of Fish and Wildlife. (2006). Goose Pond Project. Retrieved October 24, 2006 from: <http://www.in.gov/dnr/fishwild/goosepond/>

Indiana Department of Natural Resources, Division of Fish and Wildlife [2]. (2006). Fish and Wildlife Areas: Pisgah Marsh. Retrieved October 24, 2006 from: <http://www.in.gov/dnr/fishwild/publications/pisgah.htm>

Indiana Department of Natural Resources, Division of Outdoor Recreation. (2004). Trail Issues Survey. IDNR Division of Outdoor Recreation internal document. Copy available online at: <http://www.in.gov/dnr/outdoor/planning/index.html>

Indiana Department of Natural Resources, Division of Outdoor Recreation. (2006). The Indiana State Trails, Greenways, and Bikeways Plan. Indianapolis: Indiana Department of Natural Resources and Indiana Department of Transportation. Available



online at: <http://www.in.gov/dnr/outdoor/>.

Indiana Department of Natural Resources, Division of Outdoor Recreation [2]. (2006). IDNR Interlake Property: Progress and History. Retrieved October 31, 2006 from: <http://www.in.gov/dnr/outdoor/interlake/progress.htm>

Indiana Department of Natural Resources, Division of State Parks and Reservoirs. (2006). Prophetstown State Park. Retrieved October 23, 2006 from: [http://www.in.gov/dnr/parklake/properties/park\\_prophetstown.html](http://www.in.gov/dnr/parklake/properties/park_prophetstown.html)

Lancaster, R. A. (Ed.). (1983). Recreation, park and open space standards and guidelines. Alexandria, VA: National Recreation and Park Association.

Mathis, Susanne. (2005). Personal correspondence to DOR for SCORP 2006-10.

McKenzie, J. F., & Smeltzer, J. L. (2001). Planning, implementing, and evaluating health promotion programs (3rd ed.). Needham Heights: Pearson Education Company

Merck Institute of Aging & Health. (2004). The State of Aging and Health in America, 2004. Retrieved September 30, 2006 from <http://www.cdc.gov/search.do?action=search&queryText=healthy+aging>

National Center on Accessibility. (2000). Introduction to Recreation Guidelines. NCA class notes for IDNR staff training session at Bradford Woods, Martinsville, IN. Oct. 30, 2000

National Centers for Disease Control and Prevention (CDC), (2003). Behavioral Risk Factor Surveillance System Trends Data. Retrieved October 12, 2006 from <http://apps.nccd.cdc.gov/brfss/Trends/TrendData.asp>.

National Centers for Disease Control and Prevention (CDC). (2004). The state of aging and health in America, 2004. Retrieved September 20, 2006 from <http://www.cdc.gov/hrqol/community.htm>

National Centers for Disease Control and Prevention (CDC). (2006). Overweight and obesity: Economic Consequences. Retrieved October 16, 2006 from [http://www.cdc.gov/nccdphp/dnpa/obesity/economic\\_consequences.htm](http://www.cdc.gov/nccdphp/dnpa/obesity/economic_consequences.htm).

National Center for Health Statistics. (2005). Life expectancy hits record high: Gender gap narrows. Retrieved October 17, 2006 from <http://www.cdc.gov/od/oc/media/pressrel/fs050228.htm>

National Coalition for Promoting Physical Activity, (2006). New news: NCPPA supports Senate energy bill containing dedicated funding for the Land and Water Conservation Fund; Conference with House expected. Retrieved October 12, 2006 from <http://ncppa.org/default.asp>

National Coalition for Promoting Physical Activity, (2006). New news: Physical activity programs fare well in SAFETEA-LU: The safe, accountable, flexible, efficient



Transportation Equity Act – A legacy for users. Retrieved October 12, 2006 from <http://ncppa.org/default.asp>.

Orsega-Smith, E., Payne, L., & Godbey, G. (2003). Outcomes associated with participation in a community parks and recreation based wellness program for older adults. *Journal of Aging and Physical Activity*, 11(4), 516-531.

Pratt M, Macera C, Wang G. (2000). Higher direct medical costs associated with physical inactivity. *The Physician and Sports Medicine* 28:63-70.

Purdue University Extension Services. (2004). The Celery Bog. Retrieved October 25, 2006 from: <http://www.purdue.edu/eas/geomorph/celerybog/>

Responsive Management. (2004). Indiana Boater Survey. IDNR Division of Outdoor Recreation internal document. Copy available online at: <http://www.in.gov/dnr/outdoor/planning/index.html>

Rolley, R.E. (1991). Indiana's Wetland Inventory. IDNR Wildlife Management and Research Notes no# 532, 6pp.

Seagriff, E. (2004). Accessibility and Universal Design: A Primer on U.S. Regulations and Emerging International Standards. *Conformity Magazine*, March 2004. Copy available online at: <http://www.conformity.com/0403accessibility.pdf>

Survey America. (2003). Statewide Comprehensive Outdoor Recreation Plan Outdoor Recreation Participation Survey. IDNR Division of Outdoor Recreation internal document. Copy available online at: <http://www.in.gov/dnr/outdoor/planning/index.html>

Survey America. (2004). Designate Trails Survey. IDNR Division of Outdoor Recreation Internal document. Copy available online at: <http://www.in.gov/dnr/outdoor/planning/index.html>

Trust for America's Health. (2006). Indiana ranks 8th heaviest in the country, according to a new report that finds America's obesity epidemic is getting worse. Retrieved September 20, 2006 from <http://healthyamericans.org/reports/obesity2006/release.php?StateID=IN>

Universal Design Education On-line. (2004). Universal Design Education Online: About Universal Design. Retrieved September 21, 2006 from <http://www.udeducation.org/learn/aboutud.asp>

U. S. Census Bureau (2006). 2005 Indiana population estimate. Retrieved September 20, 2006 from [http://factfinder.census.gov/servlet/SAFFPopulation?\\_event=Search&\\_name=&\\_state=04000US18&\\_county=&\\_cityTown=&\\_zip=&\\_sse=on&\\_lang=en&pctxt=fph](http://factfinder.census.gov/servlet/SAFFPopulation?_event=Search&_name=&_state=04000US18&_county=&_cityTown=&_zip=&_sse=on&_lang=en&pctxt=fph)

U. S. Census Bureau (2006). R0101. Median Age of the Total Population: 2005 Universe: Total population. Retrieved September 22, 2006 from [http://factfinder.census.gov/servlet/GRTTable?\\_bm=y&-geo\\_id=01000US&-\\_box\\_head\\_nbr=R0101&-](http://factfinder.census.gov/servlet/GRTTable?_bm=y&-geo_id=01000US&-_box_head_nbr=R0101&-)



ds\_name=ACS\_2005\_EST\_G00\_&-format=US-30

U. S. Census Bureau (2006). R0201. Percent of the Total Population Who Are White Alone: 2005 Universe: Total population. Retrieved September 22, 2006 from [http://factfinder.census.gov/servlet/GRTTable?\\_bm=y&-geo\\_id=01000US&-\\_box\\_head\\_nbr=R0201&-ds\\_name=ACS\\_2005\\_EST\\_G00\\_&-redoLog=false&-format=US-30&-mt\\_name=ACS\\_2005\\_EST\\_G00\\_R0102\\_US30&-CONTEXT=grt](http://factfinder.census.gov/servlet/GRTTable?_bm=y&-geo_id=01000US&-_box_head_nbr=R0201&-ds_name=ACS_2005_EST_G00_&-redoLog=false&-format=US-30&-mt_name=ACS_2005_EST_G00_R0102_US30&-CONTEXT=grt)

U. S. Census Bureau (2006). R0202. Percent of the total population who are black or African American alone: 2005. Retrieved September 20, 2006 from [http://factfinder.census.gov/servlet/GRTTable?\\_bm=y&-geo\\_id=01000US&-\\_box\\_head\\_nbr=R0202&-ds\\_name=ACS\\_2005\\_EST\\_G00\\_&-redoLog=false&-format=US-30&-mt\\_name=ACS\\_2005\\_EST\\_G00\\_R1401\\_US30&-CONTEXT=grt](http://factfinder.census.gov/servlet/GRTTable?_bm=y&-geo_id=01000US&-_box_head_nbr=R0202&-ds_name=ACS_2005_EST_G00_&-redoLog=false&-format=US-30&-mt_name=ACS_2005_EST_G00_R1401_US30&-CONTEXT=grt)

U. S. Census Bureau (2006). R0206. Percent of the total population who are some other race alone: 2005 Universe: Total population. Retrieved September 20, 2006 from [http://factfinder.census.gov/servlet/GRTTable?\\_bm=y&-geo\\_id=01000US&-\\_box\\_head\\_nbr=R0206&-ds\\_name=ACS\\_2005\\_EST\\_G00\\_&-redoLog=false&-format=US-30&-mt\\_name=ACS\\_2005\\_EST\\_G00\\_R0202\\_US30&-CONTEXT=grt](http://factfinder.census.gov/servlet/GRTTable?_bm=y&-geo_id=01000US&-_box_head_nbr=R0206&-ds_name=ACS_2005_EST_G00_&-redoLog=false&-format=US-30&-mt_name=ACS_2005_EST_G00_R0202_US30&-CONTEXT=grt)

U. S. Census Bureau (2006). R1401. Percent of people 25 years and over who have completed high school (includes equivalency): 2005. Retrieved September 20, 2006 from [http://factfinder.census.gov/servlet/GRTTable?\\_bm=y&-geo\\_id=01000US&-\\_box\\_head\\_nbr=R1401&-ds\\_name=ACS\\_2005\\_EST\\_G00\\_&-redoLog=false&-format=US-30&-mt\\_name=ACS\\_2005\\_EST\\_G00\\_R1402\\_US30&-CONTEXT=grt](http://factfinder.census.gov/servlet/GRTTable?_bm=y&-geo_id=01000US&-_box_head_nbr=R1401&-ds_name=ACS_2005_EST_G00_&-redoLog=false&-format=US-30&-mt_name=ACS_2005_EST_G00_R1402_US30&-CONTEXT=grt)

U. S. Census Bureau (2006). R1402. Percent of people 25 years and over who have completed a bachelor's degree: 2005. Retrieved September 20, 2006 from [http://factfinder.census.gov/servlet/GRTTable?\\_bm=y&-geo\\_id=01000US&-\\_box\\_head\\_nbr=R1402&-ds\\_name=ACS\\_2005\\_EST\\_G00\\_&-redoLog=false&-format=US-30&-mt\\_name=ACS\\_2005\\_EST\\_G00\\_R1603\\_US30&-CONTEXT=grt](http://factfinder.census.gov/servlet/GRTTable?_bm=y&-geo_id=01000US&-_box_head_nbr=R1402&-ds_name=ACS_2005_EST_G00_&-redoLog=false&-format=US-30&-mt_name=ACS_2005_EST_G00_R1603_US30&-CONTEXT=grt)

U. S. Census Bureau (2006). R1403. Percent of People 25 Years and Over Who Have Completed an Advanced Degree: 2005. Retrieved September 22, 2006 from [http://factfinder.census.gov/servlet/GRTTable?\\_bm=y&-geo\\_id=01000US&-\\_box\\_head\\_nbr=R1403&-ds\\_name=ACS\\_2005\\_EST\\_G00\\_&-redoLog=false&-format=US-30&-mt\\_name=ACS\\_2005\\_EST\\_G00\\_R0201\\_US30&-CONTEXT=grt](http://factfinder.census.gov/servlet/GRTTable?_bm=y&-geo_id=01000US&-_box_head_nbr=R1403&-ds_name=ACS_2005_EST_G00_&-redoLog=false&-format=US-30&-mt_name=ACS_2005_EST_G00_R0201_US30&-CONTEXT=grt)

U. S. Census Bureau (2006). R1802. Percent of people 21 to 64 years old with a disability: 2005 universe: Civilian non-institutionalized population 21 to 64 years. Retrieved September 20, 2006 from [http://factfinder.census.gov/servlet/GRTTable?\\_bm=y&-geo\\_id=01000US&-\\_box\\_head\\_nbr=R1802&-ds\\_name=ACS\\_2005\\_EST\\_G00\\_&-redoLog=false&-format=US-30&-mt\\_name=ACS\\_2005\\_EST\\_G00\\_R1802\\_US30&-CONTEXT=grt](http://factfinder.census.gov/servlet/GRTTable?_bm=y&-geo_id=01000US&-_box_head_nbr=R1802&-ds_name=ACS_2005_EST_G00_&-redoLog=false&-format=US-30&-mt_name=ACS_2005_EST_G00_R1802_US30&-CONTEXT=grt)

U. S. Census Bureau (2006). R2001. Median Household Income (In 2005 Inflation-Adjusted Dollars): 2005 Universe: Households. Retrieved September 22, 2006 from [http://factfinder.census.gov/servlet/GRTTable?\\_bm=y&-geo\\_id=01000US&-\\_box\\_head\\_nbr=R2001&-ds\\_name=ACS\\_2005\\_EST\\_G00\\_&-redoLog=false&-format=US-30&-mt\\_name=ACS\\_2005\\_EST\\_G00\\_R2002\\_US30&-CONTEXT=grt](http://factfinder.census.gov/servlet/GRTTable?_bm=y&-geo_id=01000US&-_box_head_nbr=R2001&-ds_name=ACS_2005_EST_G00_&-redoLog=false&-format=US-30&-mt_name=ACS_2005_EST_G00_R2002_US30&-CONTEXT=grt)



U. S. Census Bureau (2006). R2002. Median Family Income (In 2005 Inflation-Adjusted Dollars): 2005 Universe: Families. Retrieved September 22, 2006 from [http://factfinder.census.gov/servlet/GRTTable?\\_bm=y&-geo\\_id=01000US&\\_box\\_head\\_nbr=R2002&-ds\\_name=ACS\\_2005\\_EST\\_G00\\_&-redoLog=false&-format=US-30&-mt\\_name=ACS\\_2005\\_EST\\_G00\\_R0101\\_US30&-CONTEXT=grt](http://factfinder.census.gov/servlet/GRTTable?_bm=y&-geo_id=01000US&_box_head_nbr=R2002&-ds_name=ACS_2005_EST_G00_&-redoLog=false&-format=US-30&-mt_name=ACS_2005_EST_G00_R0101_US30&-CONTEXT=grt)

U. S. Department of Agriculture Forest Service Outdoor Recreation and Wilderness Assessment Group, Southern Research Station. (2005). National Survey of Recreation and the Environment: Report submitted to the Indiana Department of Natural Resources, Division of Outdoor Recreation. Primary Authors: Green, G., Cordell, K., Fleming, H., and Betz, C. IDNR Division of Outdoor Recreation internal document. Copy available online at: <http://www.in.gov/dnr/outdoor/planning/index.html>

U. S. Department of Agriculture Natural Resource Conservation Service. (2002). 2002 Wetlands Reserve Program – Indiana Summary. Federal oversight reporting document, Retrieved November 3, 2006 from <http://www.in.nrcs.usda.gov/programs/WRP/Rev02inWRPfctsht.doc>

U. S. Department of Health and Human Services. (2005). Health, United States, 2005: with chartbook on trends in the health of America. DHHS Publication No. 2005-1232. Hyattsville: National Center for Health Statistics. Retrieved October 17, 2006 from [www.cdc.gov/nchs/data/hus/hus05.pdf](http://www.cdc.gov/nchs/data/hus/hus05.pdf)

U. S. Department of Health and Human Services. (2000). Healthy People 2010. Retrieved October 13, 2006 from <http://www.healthypeople.gov/document/>

U. S. Department of the Interior. (n.d.). Land and Water Conservation Fund: L&WCF Grants-in-Aid Manual. Manual Release 151, Chapter 600.2, p1. Document published by the National Park Service.

United States Code, (1986). Emergency Wetlands Resources Act of 1986. 16 U.S.C., Chapter 59, 3921 to 3931; Retrieved October 24, 2006 from: <http://uscode.house.gov/download/pls/16C59.txt>

U. S. Surgeon General's Office. (1996). A Report of the Surgeon General: Physical Activity and Health. U.S. Department of Health and Human Services and the U.S. Centers for Disease Control and Prevention. Retrieved September 29, 2006 from: <http://www.cdc.gov/nccdphp/sgr/sgr.htm>

World Health Organization. (N.D.). Physical Activity Facts. Global Strategy on Diet, Physical Activity and Health webpage. Retrieved October 4, 2006 from: <http://www.who.int/dietphysicalactivity/publications/facts/pa/en/index.html>